

FRIARGATE

COVENTRY

COMMUNITY NEWSLETTER **WINTER 2017**



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WHAT A YEAR!

How
One Friargate
came to life
in 2016

friargatecoventry.co.uk

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KARE ADENEGAN: A SUPERSTAR IN THE MAKING

Kare Adenegan is only 15 years old, but already has three Paralympic medals to her name.

Kare only took up wheelchair racing after watching the 2012 Paralympics, and was one of the youngest athletes to compete in Brazil. She talked to us about her experiences in Rio, and Coventry.

When did you start wheelchair racing and what made you want to take it up?

I watched the London Paralympic Games in 2012 and was inspired to participate in sport. The London Paralympics ignited a desire to emulate what other athletes had accomplished but, until 2012, I wasn't aware of disability sports.

Who has been your greatest influence in sport?

My greatest influences are Debbie Flood, a GB rower and multiple Olympic, European and World Championship medallist, and Wafula Strike – a GB Paralympian wheelchair racer, who is a pioneer and champion for disability sports in the UK.

You won two bronze medals and a silver in Rio, but what is your next goal?

The IPC World Championship in July 2017. I hope to be selected for the 100m, 400m and 800m and gain podium finishes.

You are currently doing your GCSEs, how do you manage to fit in school and training?

I need to be disciplined. I get good support from my school for which I am very grateful.

What do you love about Coventry and how has the city supported you?

It is a diverse and yet united city. It is home to the best athletics club in the world – the Coventry Godiva Harriers – no bias, of course! I am a Cov-girl and support my city wholeheartedly.

The support from Coventry has been great. The Coventry Business Group (including Friargate) has funded my next racing wheelchair.

What's the best thing about being a medal-winning Paralympian?

I have had the honour of meeting the Queen and Theresa May. I have also had opportunities to promote disability sports and inspire young people who are always keen to hear my story and wear my medals.



Friargate is proud to be sponsoring Kare, and we look forward to seeing her achieve even greater things in the future.

You can follow Kare on Twitter:
 [@AdeneganK](https://twitter.com/AdeneganK)



TEN MINUTES WITH LAURA MCMILLAN

Laura McMillan is the Manager of Coventry's bid to be UK City of Culture 2021. Her role is all-encompassing, overseeing all aspects of the bidding process.

After the official launch at the Godiva festival we've seen loads of events under the City of Culture 2021 bid banner, which has been your favourite?

It's very difficult to pick a favourite, but I think our Masterji & Coventry exhibition was incredibly special. Masterji is a 94 year old photographer who came to Coventry in 1951 from the port of Bombay, bringing with him his Box Brownie camera.

This was Masterji's very first solo exhibition and took place at The Box in Fargo Village. Works from Masterji and others just shows the vibrancy and talent that Coventry has to offer.

Can you give us a clue about what else you have planned?

We are currently commissioning an artist to use digital technology to be showcased at a site in Coventry or on the web. We also have an enormous community engagement and schools campaign underway to make sure that we talk to as many people as possible, ensuring their voices are heard.

How important are projects like Friargate to the success of the bid?

Support from Friargate as one of our Bid Event Sponsors has enabled us to produce a diverse programme of events to kick-start the campaign. Regeneration projects such

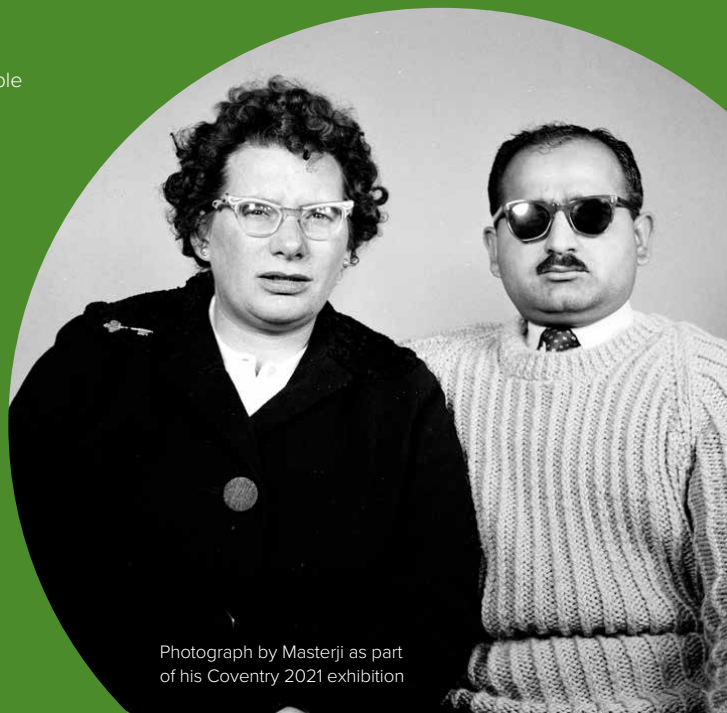
as Friargate and Far Gosford Street will not only create jobs and lead to further investment in Coventry, but vastly improve the city as a destination.

For people who don't know about the benefits of being named City of Culture, what's in it for Coventry?

The title will not only bring huge economic impact, boost tourism and lead to increased infrastructure investment, it will also allow us to rally communities behind a common cause and show the rest of the world what our city has to offer.

To find out more about Coventry's 2021 City of Culture Bid, visit www.coventry2021.co.uk

Coventry
2021 UK CITY OF CULTURE BID



Photograph by Masterji as part of his Coventry 2021 exhibition

HOW ONE FRIARGATE CAME TO LIFE IN 2016

Over the last 12 months there has been masses of activity on the construction site, as One Friargate came to life.

JANUARY



The building's core came out of the ground whilst the last sections of Station Tower came down, quickly transforming the area.

MARCH



Station Square Boulevard opened as the core was finished and preparations were made for the building's steel frame.

JULY



The steel work completed as the first cladding panel was installed. We all got a first look at One Friargate's distinctive red brick facade.

OCTOBER



The first windows were installed, reflecting the city skyline and glinting in the sunlight.



We received detailed planning permission for Two Friargate in 2016 - an exciting step towards delivering the Friargate masterplan.



APRIL



The frame began to wrap around the lower half of the core, giving a sense of scale to One Friargate.

MAY



A second tower crane arrived on site, as activity intensified and One Friargate began to dominate the City skyline.

NOVEMBER



Local residents were the very first to visit the top floor of the building, taking in the stunning view over the city.

DECEMBER



2016 finished on a high as the tower crane was removed, the project's heavy-lifting complete.

What's in store for 2017...

There's no doubt 2016 has been a whirlwind year but 2017 looks set to be just as packed with activity, with One Friargate set for completion.

The last piece of glazing will be installed, meaning that the building will be 'water-tight' and services can be installed in each floor. The remaining public realm will then be finished in May, ahead of Coventry City Council's move to the building.

2017 will be an exciting year for Friargate and the city.

For all the latest building updates, make sure you watch our time lapse camera and videos:
www.friargatecoventry.co.uk/latest-progress/timelapse/



One Friargate, designed by Allies and Morrison

COVENTRY ONE OF THE BEST PLACES TO LIVE AND WORK



In the 2016 Good Growth for Cities Index Coventry was declared the eighth best city in the UK to live, work and do business.

2 UP TWO PLACES SINCE 2015 

8TH BEST CITY FOR GROWTH 

3RD HIGHEST GROWTH OVERALL 

The city has improved from its previous ranking when it finished in tenth place, which was still an impressive finish. Coventry has now established itself as one of the UK's best places to live, work and play.

The Index was put together by the professional services firm PwC and the think-tank Demos, and measured 42 of the UK's largest urban areas.

The criteria measured by the study covered jobs, skills, transport, income, health, work-life balance, new businesses per head and house prices to earnings. Coventry even scored better than Birmingham and Leicester and was above the UK average in terms of jobs, transport, health and new businesses per head.

Ian Stringer, Regional Director at real estate adviser GVA – and part of the Friargate team – said: "This report

is proof of what we've been saying in the industry for some time. Cities like London are getting too expensive for people to maintain a decent standard of living. Businesses, as well as families, are looking to regional cities for a better, more affordable way to live.

“Coventry is one of the main beneficiaries of this trend as the city has fantastic access to London and Birmingham and is at the very heart of the country.”

To read the full report, visit www.pwc.co.uk/industries/government-public-sector/good-growth.html

RESIDENTS FIRST TO ADMIRE ONE FRIARGATE VIEW

With the top floor now complete, we thought it was about time someone other than Bowmer & Kirkland got to see the stunning views across the city, from the highest floor of One Friargate.

We invited local residents who have been involved in the Friargate project from the very beginning to come and see what progress we have made on the construction site.



Jeremy Thomas, Gary Maltby and Matthew Davies were all involved in the Residents Liaison Group, which has worked very closely with us and helped shape our plans throughout the design and planning stage. As a thank you for their help and support we invited them to join us and be the first residents to gaze out over the city.

Stephen Reynolds, from Friargate Coventry LLP and Paul Kelly, Friargate Project Manager at Bowmer & Kirkland, also joined the group to explain the project in more detail.

Stephen Reynolds said: "Residents have played an active role in the development of Friargate and we wanted to show our appreciation by giving members of the residents group the opportunity to be the first to see the view from the top.

"One Friargate is one of the only places in Coventry where you can see the 'Three Spires' unobscured so it is a unique view across the city and one which we hope will become very special."

Make sure you keep up to date with all of the progress at Friargate by visiting our website www.friargatecoventry.co.uk



Coventry's three spires as seen from One Friargate



Creating a new business district for Coventry

Over 37 acres linking Coventry train station to the city centre, **Friargate** comprises a vibrant mix of commercial, civic, leisure, residential and hotel space.

Set within superb public open space, **Two Friargate** is now available to pre-let, transforming Coventry and providing a world-class welcome to the city.

Coventry City Council offices – opening 2017



Two Friargate



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For any commercial enquiries relating to Friargate contact

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COVENTRY



Bowmer & Kirkland

Coventry 2021
UK City of Culture bid